

# Making Smiles from Scratch!

**Apple's Bakery creates fresh, delicious and healthy treats for the whole family**

**By Susan Gaide**



“Food is the center post of life,” says Mary Ardapple, owner of Apple's Bakery in Peoria. For Ardapple, this philosophy is more than just a truism; it has been her business model for more than 25 years.

“Food is the ‘heart’ of gatherings with family and friends, as we celebrate important events in life,” Ardapple explains. “Yet, there are those who have food sensitivities or food-related health concerns—especially children—such gatherings can cause heartache because they can't eat what everyone else is eating.

“Since opening Apple's Bakery in 1989, I've been committed to creating signature great-tasting preservative free bakery products made from scratch and delivered with Midwestern hospitality for our customers' expectations.”

With that mission in mind, three years ago, Ardapple personally developed a variety of gluten-free breads, cakes and cookies. The result? Well, let's just say that gluten-free foods aren't just for the gluten-intolerant anymore! And, what makes her creations even more delicious is that they can be ordered online for shipment to any location in the 50 United States.

By visiting the gluten-free page of the Apple's Bakery Web site, [www.applesbakery.com](http://www.applesbakery.com), you'll find delicious gluten-free treats such as:

- *Gluten-free White Layer Cake* – each package includes one 8-inch vanilla layer cake, Ardapple's signature rich vanilla buttercream icing, candles and a special note to make someone's special day even more special.
- *Gluten-free Lemon Drop Cookies* – perfect partnered with a dish of sorbet or fresh fruit.
- *Gluten-free Coconut Meltaway Sugar Cookies* – a crisp outer edge with a chew of delicate coconut towards the center.
- *Gluten-Free Dusty Miller Molasses and Spice Gem Cookie Combo* – reminiscent of the warmth of a kitchen on a blustery autumn day.
- *Gluten-Free Chocolate Cherry Ranch Fudge Cookies* – taste the sheer decadence of the richest chocolate flavor and a hint of sweet cherry.

Too many options? Can't decide which cookies to get? Try some of each by creating a custom, 12-cookie assortment. Whoever said that healthy can't taste naughty has never been to Apple's Bakery!

Ardapple has even created the perfect treat for anyone's pampered pooch—the Canine Crunch, which is baked with peanut butter and whole wheat flour.

“Every day, our lives center around the conversations we have. At Apple's Bakery, we believe that quality food is essential for the maximization of those conversations and the relationships they foster.

We want our products to be a part of our customers' conversations—whether they're gathering around the table at home with a plate of fresh-baked cookies or are shipping a pie to a client as a way of saying ‘thank you,’” says Ardapple.

“Any way you choose, food makes people smile! Here at Apple's Bakery, we specialize in more than just food. We specialize in facilitating the conversations of others with smiles made from scratch!”



Mary Ardapple, Owner of Apple's Bakery

**FOR MORE INFO**

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